

Hamda German Al Shihri
MRN 05288

60Y-03M حمده غرمان عبدالله الشهري

05288



Hamda German Abdullah Al Shihri
17-11-1963 Female
5th Floor Inpatient Medical Ward

MEDICATIONS ON DISCHARGE:

IV medications:

- IV Mixture of (Paracetamol 1 gram, Ketorolac 30mg, and Ondansetron 4mg) every 12hours for 2 days, break for one day, and then continue for more 5 days *Last given 1000H*

-Bolus of IV Normal saline 0.9% 250 ml following the IV mixture.

-IV methylprednisolone 125 mg once daily for 2 days *Last given 0800H*

Oral medications:

-Buprenorphine 10 mcg topically once a week to be changed next on (3/3/2024) for 14 days

-Tramadol 50 mg capsule every 4 hours as needed for 21 days

-After ketorolac finishes start Celebrex 200 mg once daily for 2 weeks

-Pregabalin 75 mg capsule once daily at bedtime for 12 days. *Last given 2200H (27-02-24)*

-Apixaban 2.5 mg tablet every 12 hours for 30 days *Last given 0800H*

-Ibuprofen gel to be applied topically around the operated knee three times a day for 30 days.

-Esomeprazole 40 mg tablet twice daily for 2 weeks then once daily for 2 weeks

-Dulcolax 5 mg 2 tablets every 12 hours as needed for 5 days(PRN). *Last given 0800H*

-Roxonin 100 mg patch over operated leg at the site of maximum pain (to be changed daily) for 30 days.

-Scopolamine patch 1mg/72hours every 3 days (to be changed next on 29/2/2024) for 14 days.

-Vitamin D 50,000 capsule once weekly for 60 days. *Last given 27-02-24*

-Strepsile tablets every 4-6 hours

-Extract blood sample for Kidney profile in 1/3/2024 and 4/3/2024

SPECIAL INSTRUCTIONS:

-To be seen and evaluated in ER in any case of emergency.

-Activity as tolerated with no driving for 2 weeks.

-Weight bearing status: WBAT

-The dressing is to be kept dry and clean. The patient may shower by applying Saran wrap on the dressing. -The dressing is to be changed after the shower.

-Follow up with orthopedic and internal medicine in 5 days with CBC, kidney profile, FBS, GFR and post op knee x ray.

-Follow up with Dr. Sartawi or one of his associates in 2 weeks.

-The patient was instructed to call Dr. Sartawi immediately if there is any drainage, increased redness or severe pain or if they have any concerns.