



Hamda German Al Shihri
MRN 05288

DATE OF OPERATION: 26/2/2024

DATE OF DISCHARGE: 28/2/2024

DIAGNOSIS ON ADMISSION: Left knee Osteoarthritis

REASON FOR ADMISSION/OPERATION: Left total knee arthroplasty

SUMMARIZED HISTORY:

70-year-old, female, with background of DM, HTN, DLP, Hypothyroidism, presented complaining of chronic left knee pain and instability, diagnosed as Left Knee Osteoarthritis, and planned for total knee arthroplasty. Patient underwent Left total knee arthroplasty under spinal anesthesia, operation was done successfully, and no complication or bleeding occurred. Postoperative x-rays were reviewed and showed acceptable alignment and positioning of the prosthesis. Patient then admitted to the ward for observation and postoperative management.

PATIENT CONDITION ON DISCHARGE:

- Patient discharged on good condition without complaints.
- The patient has been medically stable and cleared by the physical therapy team and internal medicine team for discharge home.
- The patient fulfilled discharge criteria for total knee replacement:
 - Stable vital signs.
 - Lack of dizziness.
 - Ability to void.
 - Pain controlled with oral analgesics.
 - Medical Clearance by internist.
 - Safe transfer in and out of bed.
 - Ability to walk 200 feet independently with assisted device.
 - Flexion beyond 90 degrees and active extension without lag.
 - Medicine schedule explained to family along with postoperative packet.
 - Patient and family comfortable to be discharged home.
- Home care/health follow up arranged as scheduled.
- Home nursing will assess the patient later tonight and twice daily for the next 72 hours. Patient will have daily physical therapy visits for the next 12 days.
- Medications and home supplies were explained to patient and their family.
- They confirmed understanding the medication administration schedule and will call if any questions or concerns.